



Pregnyl (HCG) Low-Dose Preparation and Administration

Getting Ready:

1. You will need:

- Clean, flat surface
- 1 Vial of Pregnyl powder
- 1 Vial of Pregnyl Solvent (Bacteriostatic water with sodium chloride)
- 1 6ml 22G1" needle/syringe
- Alcohol Pads
- Sharps container to discard used supplies

2. Wash your hands thoroughly with soap and water

Preparing HCG Low-Dose:

1. Flip off plastic flip-caps from both vials and wipe both rubber stoppers with an alcohol pad.
2. Remove wrapper and clear cap from needle/syringe
3. Pull back needle /syringe plunger to 5ml mark (please note, only air is being drawn into syringe in this step. It does not have to be exactly 5ml, it's okay if it's less. You are not withdrawing any medication at this point).
4. Push the needle through the rubber stopper into the Pregnyl Solvent vial.
5. Depress plunger to inject air into the Pregnyl Solvent vial.
6. Keeping the needle in the vial, turn the Pregnyl Solvent vial upside down, keeping the needle tip below the surface of liquid.
7. Slowly pull the plunger back to 5ml mark on the syringe, drawing the Pregnyl Solvent into the syringe.
8. Inject the 5ml of Pregnyl Solvent into the Pregnyl powder.
9. Gently swirl until Pregnyl powder is dissolved.

Storage:

1. Pregnyl must be stored in the refrigerator after it is mixed.

Administration:

1. Using the provided insulin syringes, pull the plunger back to draw the prescribed amount of Pregnyl into the insulin syringe.
2. Clean a two-inch space around selected injection site with an alcohol pad.
3. Pinch an inch.
4. Inject at a 90-degree angle
5. Once the needle is inserted, slowly depress the plunger until the syringe is empty.
6. Remove needle from skin, dispose of needle/syringe in Sharps container.