



## **Leuprolide 4mg Trigger Preparation and Administration**

### **Getting Ready:**

1. You will need:
  - Clean, flat surface
  - 1 Vial of Leuprolide
  - 1 1ml insulin syringe
  - Alcohol Pads
  - Sharps container to discard used supplies
2. Wash your hands thoroughly with soap and water

### **Preparing Leuprolide Trigger:**

1. Flip off plastic flip-cap from Leuprolide vial and wipe rubber stopper with an alcohol pad.
2. Remove wrapper and orange cap from needle/syringe.
3. Pull back needle /syringe plunger to 0.8ml mark (please note, only air is being drawn into syringe in this step. It does not have to be exactly 0.8ml, it's okay if it's less. You are not withdrawing any medication at this point).
4. Push the needle through the rubber stopper into the Leuprolide vial.
5. Depress plunger to inject air into the Leuprolide vial.
6. Keeping the needle in the vial, turn the Leuprolide vial upside down, keeping the needle tip below the surface of liquid.
7. Slowly pull the plunger back to 0.8ml (80 unit mark) on the syringe, drawing the Leuprolide into the syringe.

### **Administration:**

1. Clean a two-inch space around selected injection site with an alcohol pad.
2. Pinch an inch approximately 2" on either side of belly button.
3. Inject at a 90-degree angle.
4. Once the needle is inserted, slowly depress the plunger until the syringe is empty.
5. Remove needle from skin, dispose of needle/syringe in Sharps container.